



MILLBROOK
Wastewater project funding **A2**



NORTH EAST
McGhee Hill subdivision and other real estate deals **A3**



COMPASS
Life in the Garden; Art's Day; And More **B1-2**

How after-school art programs can change the mental health landscape

By NATALIA ZUKERMAN
nataliaz@millertonnews.com

DUTCHESS COUNTY — Addressing the mental well-being of students has become a priority for schools across the country, and the Webutuck and Millbrook school districts are no exception.

Social worker Jamie Betti, who provides supplemental support throughout Webutuck Central School District, noted that her “position was created out of an increased need for mental health support” across the district.

There was an increase in referrals on the heels of COVID-19, she said. “There were a lot of kids who now had anxiety not just about getting sick, but about coming back to school and what that would look like.”

Educators and social workers in the schools — each of the schools at Webutuck has its own dedicated social worker — are also concerned with excessive screen time and online bullying, said Betti and Tara Hart, the social worker at Eugene Brooks Intermediate School (EBIS), underscoring the impact of social media on students’ mental health.

“You know, in one minute, somebody can post something embarrassing or negative about you, and it spreads to the masses,” Betti explained. “The fact that if somebody has an ill thought about you — it’s just so easy for them to post



PHOTO BY NATALIA ZUKERMAN

Students working on art projects after school at the Webutuck Art Club.

it. It’s crushing these kids’ worlds.” Betti added, “There’s also more exposure to big, stressful things that kids can’t really developmentally wrap their heads around.”

Faced with these new challenges, Webutuck offers its students a robust array of services including individual and group counseling, crisis intervention and follow-up, support groups and clubs, consultations, collaboration with educa-

tional teams, and an assembly program that has brought in speakers from the North East Community Center, National Alliance on Mental Illness and Mountainside Treatment Center (North Canaan), to do segments on topics including domestic violence prevention, on substance abuse prevention and internet safety education.

See **MENTAL HEALTH, PAGE A6**

Amenia moves ahead on planning for wastewater district

By LEILA HAWKEN
leilah@lakevillejournal.com

AMENIA — Following several months of discussion, the Town Board at a regular meeting Thursday, March 7, voted 3-1 to proceed with engineering and legal services in connection with creation of a sewer district for the town.

Councilman Brad Rebillard cast the negative vote.

“I am happy that it passed,” Rebillard said, adding that he had voted his conscience, believing that the town has other major projects competing for attention.

Approval of the resolution

means that the town can proceed with hiring the services of LaBerge Engineering and Consulting at an estimated cost of \$27,500 to prepare a district map, plan and report, essential elements within the process for applying for federal infrastructure grant funding.

By the same resolution, the town agreed that legal services in connection with preparation of the map, plan and report will be through Tabner, Ryan and Keniry at an estimated cost of \$18,000.

In other action, the board voted unanimously to appoint Council-

See **WASTEWATER, PAGE A6**



PHOTO BY LEILA HAWKEN

The Rev. Dr. Anna Crews Camphouse is already at work reviving the spirit of the United Methodist Church to serve Millerton.

Vibrant new minister to serve at United Methodist Church

By LEILA HAWKEN
leilah@lakevillejournal.com

Connecticut.

Camphouse made time for an interview Thursday, March 7, in the church sanctuary.

MILLERTON — Since beginning her ministry at the United Methodist Church in February, the Rev. Dr. Anna Crews Camphouse is already seeing growth in numbers and a potential for increasing programs in service to the community that surrounds the historic church.

She is not new to the area, nor to the challenges; when she took the position in Millerton, she was already serving thriving Methodist churches in Sharon and Lakeville,

“It’s not the most I’ve done at one time,” Camphouse observed when asked how she will manage to lead three churches simultaneously. From 2017 to 2019, when she was at Auburn University in Alabama, she led a large student pastor education program involving vast field work, in addition to pastoring three churches.

See **MINISTER, PAGE A6**

Wethersfield welcomes Jeffrey Lynch

By NATALIA ZUKERMAN
nataliaz@millertonnews.com

AMENIA — Wethersfield Estate & Garden has announced the appointment of Jeffrey Lynch as its new head gardener.

His first day on the historic grounds will be Monday, March 18. Born and raised in Wilmington, Delaware, to a father who was “a big vegetable gardener, which was definitely an influence,” said Lynch, he has always had a deep love of the natural world.

After college, Lynch took part in the Professional Gardener Training Program at Longwood Gardens outside of Philadelphia.

“Back then, they would take 14 people for a two-year program, so it was very competitive to get in,” he said. “That was an intense two years. And then, actually, Longwood hired me when I got done with that program, so I stayed there. I was there for a total of 16 years.”

After his tenure at Longwood, Lynch went on to work on a very

large, private garden project in Pawling. It was in Pawling that he heard about Wethersfield. “I just read about it,” he said. “It had limited hours that it was open, but I came up and saw it with some friends and it was just an incredibly magical place. Just phenomenal. It’s really a hidden gem.”

Lynch and his wife raised their family in Cornwall, Connecticut. “All three of my kids are graduates of Housy,” he said proudly.

See **LYNCH, PAGE A6**



CONTACT

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OPINION

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OUR TOWNS

Hinchey, Barrett visit Millbrook Village Water Department to present grants

By JUDITH O'HARA BALFE
judithb@millertonnews.com

MILLBROOK — Millbrook Mayor Tim Collopy, along with Millbrook Village Board trustees Vicky Contino and Patrick Murphy, greeted state Sen. Michelle Hinchey and District 106 Assemblymember Didi Barrett at the Millbrook Village Water Department Thursday, March 7, to celebrate the \$125,000 grants each has awarded to the Village.

The joint amount of \$250,000 will go toward helping to replace the South Millbrook wastewater pump station; the present equipment at the pump station has reached the end of its useful life.

Pump stations are vital in averting sewage system back-ups, which can cause contamination that can lead to public health problems.

In hilly sites such as Millbrook and many other areas, stations need powerful pump-



PHOTO BY JUDITH O'HARA BALFE

From left: Village of Millbrook Trustee Vicky Contino, Village of Millbrook Mayor Tim Collopy, state Sen. Michelle Hinchey, VRI Environmental Services plant manager Scott Osborne, District 106 Assemblymember Didi Barrett, and Village of Millbrook Trustee Patrick Murphy hold giant facsimile checks in celebration of the \$250,000 that Hinchey and Barrett secured for the rehabilitation of Millbrook's wastewater pumping system.

ing systems in order to elevate wastewater to higher levels, properly reaching the treatment centers for processing. Site modifications to position the pump above the existing

floodplain are planned. "Across New York State, the cost to replace and repair our aging water and wastewater infrastructure can be an astronomical burden for

communities, and its incumbent upon our state to support municipalities like Millbrook in making these critical upgrades," said Hinchey. "Safe wastewater service

for local homes and businesses translate to savings for residents," Hinchey said.

Barrett, holding a large blue facsimile of a check, added that "water and sewer infrastructure is critical to addressing many of the priorities of our region, including housing, economic development and health and wellness."

She, too, noted that replacing the pump station in Millbrook "will improve public health and save taxpayer dollars."

Contino, who worked on obtaining the grants and has expertise on the state budget process, noted: "Pump station state and federal grant programs often aren't suited to small locality needs no matter how urgent. So, though we explored applying for a state hazard mitigation grant, it wasn't a fit for us."

"Thanks to the skilled advocacy of the VOM's behalf, Senator Hinchey and Assemblymember Barrett were able to direct the \$125,000 each of state budget funds to our pump station and generator

project, enabling us to ensure uninterrupted, environmentally sound sewer service to south Millbrook."

Collopy thanked Barrett and Hinchey for their work in securing the grant money. He noted that the money provided not only for the replacement of the 25-year-old pump, but also for the installation of a backup generator on-site to ensure its continuous operation, even during power outages.

"People usually don't want to consider repairs to a sewer system (until it fails!), so I appreciate the foresight shown by the Senator and Assemblymember in coming to our aid for this key infrastructure investment. Thank you!"

VRI Environmental Services plant manager noted, "Replacing aging infrastructure in the Village of Millbrook Wastewater Treatment System has been part of our focus for many years." He continued, "This new pump station will allow for more efficient operation and maintenance and serve the Village for several decades."

Fire on Ancramdale's Rabbit Tail Road

By NATALIA ZUKERMAN
nataliaz@millertonnews.com

ANCRAMDAL — On Monday, March 4, a morning fire destroyed the home at 116 Rabbit Tail Road in Ancramdale, a hamlet of Ancram. Fire trucks from Ancram, Taconic, Copake, and Pine Plains all responded to the scene but there was little that could be done.

"The fire was so far advanced when we got there, there wasn't really much we could do," said Ancram Fire Chief David Boice. "If there's no alarm system present in the house, like a central alarm system, and you're waiting for people outside to notice it, the fires are always pretty intense before we get notification," Boice explained.

The homeowner, John Hines, was not home at the time, and no one was injured.



PHOTO BY NATALIA ZUKERMAN

Fire destroyed the house at 116 Rabbit Tail Road in Ancramdale on Monday, March 4.

Hines could not be reached for comment.

The cause of the fire is unknown, but it is under investi-

gation by the Ancram County Cause and Origin Team, "which is standard procedure," said Boice.

Do you have a family member or friend in the military who would be interested in the news from home?

Remember

LJMN Media offers free online subscriptions to our website, tricornernews.com, for active duty military personnel from the Tri-state region. For more information or to set up a subscription, contact Sandra Lang at circulation@lakevillejournal.com or 860-435-9873, ext. 301.

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LEGAL NOTICES

Legal Notice

Notice of Formation of Twelve Volt Holdings, LLC Art. Of Org. filed with SSNY on 1/26/2024. Office Location: Dutchess County, SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 32 Griffith Way, Wappingers Falls, NY 12590. Purpose: any lawful purpose.

- 02-08-24
- 02-15-24
- 02-22-24
- 02-29-24
- 03-07-24
- 03-14-24

Legal Notice

Notice of Formation of Jennings Cabin LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/26/2023. Office location: Dutchess County, SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: John Bolus, 112 E. Chestnut Hill Road, Litchfield, CT 06759. Registered Agent upon whom process against the LLC may be served: Anthony C. Palumbo, 365 Dover Furnace Rd., Dover Plains, NY 12522. Purpose: Any lawful act or activity.

- 02-22-24
- 02-29-24
- 03-07-24
- 03-14-24
- 03-21-24
- 03-28-24

Public Notice

Pursuant to Section 501 of the Real Property Tax Law, Assessment Inventory and Valuation Data for the Town of Pine Plains is now available for examination

and review. This data is the information that will be used to establish the assessment of each parcel which will appear in the tentative assessment roll on May 1, 2024.

To set up an appointment to review this information, please call 518-398-7193 ext 7.

Sara Foglia, Assessor
03-07-24
03-14-24

TOWN OF AMENIA ASSESSOR'S OFFICE

Pursuant to Section 501 of the Real Property Tax law, notice is hereby given that assessment inventory and valuation data is available for examination and review. This data will be used to establish the assessment of each parcel for the tentative assessment roll of the Town of Amenia which will be filed on May 1, 2024.

The information may be reviewed, by appointment, at the Amenia Town Hall, 4988 Route 22, Amenia, NY 12501. Contact 845.373-8860 x 104 for an appointment.

Donna DiPippo, Assessor
Town of Amenia
03-07-24
03-14-24

TOWN OF NORTHEAST ASSESSOR'S OFFICE

Pursuant to Section 501 of the Real Property Tax Law, notice is hereby given that assessment inventory and valuation data is available for examination and review. This data will be used to establish the assessment of each parcel for the tentative assessment roll of the Town of North East which will be filed on May 1, 2024.

The information may be reviewed with the Assessor. For an appointment, please call 518-789-3300 ext.605.

Katherine Johnson
Assessor
03-07-24
03-14-24

TOWN OF PINE PLAINS DUTCHESS COUNTY, NEW YORK NOTICE OF PUBLIC HEARING

PLEASE TAKE NOTICE that a public hearing will be held by the Town of Pine Plains Zoning Board of Appeals on the 26th day of March 2024 at 7:30 pm at the Town Hall, 3284 Route 199, Pine Plains, New York, for the purpose of hearing all persons for or against the area variance application submitted by Eddie Casazza (DERT LLC) for property located at 36 Briarcliff Lane, Town of Pine Plains, Dutchess County, Tax Map ID #134200-6871-00-287492-0000.

All interested parties will be given the opportunity to be heard regarding the proposed action requesting the front yard setback of a proposed porch to be 37 feet, in lieu of the current porch's setback of 39 feet. The application is available for review at the Pine Plains Town Hall during regular business hours.

By order of:
Scott Chase,
Chairman of the Zoning Board of Appeals
03-14-24

"The personal touch from Bank of Millbrook really made a big impression on us, as our business was built by being on the front line." — John Stefanopoulos

The Stefanopoulos family (L-R) Paul, Billy, Peter, John and George. (Missing - Nick Stefanopoulos)

Over fifty years ago, four Stefanopoulos brothers arrived from Greece with a dream of success and together they built a dynasty of Four Brother's Pizza Inns. The next generation of the Stefanopoulos family followed in their footsteps and realized their own dream of creating a Drive In theater in Amenia, which has become a true destination.

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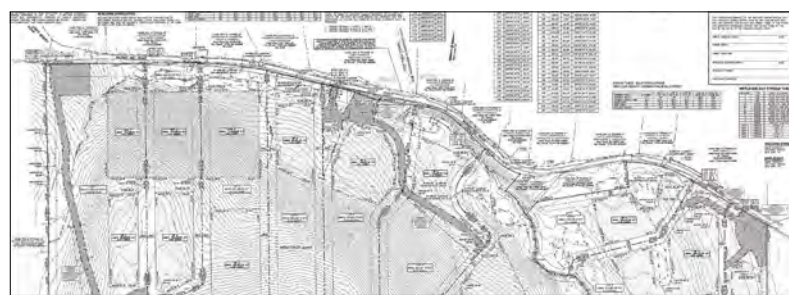
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OUR TOWNS



The 148-acre subdivision on McGhee Hill Road was approved by the North East Planning Board on Wednesday, March 6.

McGhee Hill Road development approved

By MAUD DOYLE
maudd@millertonnews.com

NORTH EAST — The North East Planning Board approved a major subdivision on McGhee Hill Road at a special meeting Wednesday, March 6, concluding several years of study and discussion.

The application in question, submitted by MGHR LLC, proposes subdividing 148 acres into 10 parcels, ranging from 7.5 to almost 25 acres, on each of which a single-family home, three to five bedrooms in size, will be constructed.

“This is the largest project that North East has seen in a long, long time,” said board Chairman Dale Culver.

The board’s final approval was the result of two official site visits, and countless hours

of paperwork concerning issues like stormwater drainage and other runoff.

The plan calls for the clearing of 8.5 acres of forest — 103 acres of the land is wooded. MGHR ecologists conducted studies and maps of the wetlands and native species’ habitat across the property, delineating safe building envelopes.

“The size of the subdivision, its prominent location and the natural resources it encompasses made for a challenging and detailed review,” wrote Town Supervisor Chris Kennan.

During the process, said Culver, the board minimized the driveway cuts through wooded areas in MGHR’s plans, as well as working with them on issues pertaining to drains, runoff and wetland protection.

Culver noted that MGHR “was willing to meet us halfway”; for example, it voluntarily instituted no-cut zones to preserve tree coverage along the road.

The public hearing in January included a study by Millerton’s Conservation Advisory Council explaining that the 8.5 acres of clear cutting required by the current plan would cause the loss of a total of 41 acres of “core forest habitat” by effectively punching holes throughout the wooded area.

The board will institute an on-site environmental monitor to observe the construction of the infrastructure of the development — roads, drains, stormwater systems, driveways, etc. — and report back to North East’s building department.

Recent property sales in North East

By CHRISTINE BATES
Special to The Millerton News

The Millerton News will periodically publish a listing of residential real estate sales in eastern Dutchess County and adjacent towns.

In the two months of December and January, recorded sales in the Town of North East included a huge range of housing prices, from a mobile home sold to Rhinebeck Bank for \$50,509, to \$186,000 for a historic 1865 house in the Smithfield Valley in need of renovation, to \$3,150,000 for Larry Wente’s iconic contemporary home on Taylor Road and everything between.



PHOTO BY CHRISTINE BATES

323 Merwin Road, in North East, which included a master woodworking shop and an accessory apartment, sold for \$650,000 in January.

house with extensive gardens on 33.3 acres, sold for \$3.15 million

State Line Road, a residential 6.49 vacant lot, sold for \$82,000

Jan. 31, 2024 sourced from Dutchess County Real Property Tax Service Agency and property details from Dutchess Parcel Access.

Compiled by Christine Bates, Real Estate Salesperson with William Pitt Sotheby’s International Realty, Licensed in CT and NY.

Town of North East real estate sales recorded as sold between Dec. 1, 2023, and

December 2023
1420 Route 83, a 5-bedroom, 3-bath home built in 1865, sold for \$186,000

4608 Route 199, a mobile home on 1.1 acres, sold to Bank of Rhinebeck for \$50,509

89 Sharon Road, a 4-bedroom, 3.5-bath home with an in-law suite, sold for \$515,000

7 Scenic View Road, 70 acres with a 3-bedroom, 1-bath log cabin, sold for \$305,000

January 2024
323 Merwin Road, a 3-bedroom, 4-bath house on 1 acre, sold for \$650,000

66 White House Crossing, a 4-bedroom, 3.5-bath, 3,514-square-foot stone and log house with 30.8 acres sold for \$2.05 million

95 Taylor Road, a modern 4-bedroom, 4-bathroom

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Capital projects at MCSD

By JUDITH O'HARA BALFE
judithb@millertonnews.com

MILLBROOK — Millbrook Central School District (MCSD) Superintendent Caroline Hernandez Pidala has been traveling the district holding information sessions, explaining the capital project that the district Board of Education is set to vote on Tuesday, May 21, alongside the approval of the district budget.

The project, the first large-scale capital improvement project undertaken since Millbrook High School was built in 2006, was initiated in 2021 by the MCSD administration and brought to the attention of the Board of Education at that time.

Some improvements were made in 2013: the athletic fields were renovated, and partial HVAC upgrades were executed at Elm Drive and Alden schools. Apart from these details, some window replacements and some roof repairs conducted along the way, the majority of the district buildings and systems are largely the same as when they were constructed many years ago.

Hernandez Pidala pointed out water damage created by roofs leaks, and damage and wear and tear on heating and plumbing infrastructure. Currently there is no Americans with Disabilities Act (ADA)-compliant accessibility from the auditorium to the cafete-

ria or the technology level in the Millbrook Middle School (MMS).

The proposed improvements would necessitate an increase in property taxes, but the scale of the increase depends on which projects the District votes to take on.

Work would be executed in separate propositions, each of which will be voted on separately, said Hernandez Pidala.

Proposition 2, which totals an estimated \$55,356,016, includes the replacement of the roof and the installation of solar panels at Millbrook Middle School (MMS); heating, ventilation and air conditioning (HVAC) controls in all buildings; the replacement of single-paned windows; the replacement of the boilers, which would include steam-to-hot-water conversion and dual fuel considerations. This last, considered Energy Performance Contract work, would be at neutral cost to taxpayers, said Hernandez Pidala.

Proposition 3, which comes to an estimated \$15,664,342, concerns the enhancement of spaces that enable different kinds of programming, like technology labs, occupational training facilities, and a “makerspace”; renovations of the library media center and science classrooms and labs; improvements to the auditorium including lighting and sound upgrades and the improvement of the ventilation in the weight room; and improvements concerning ac-

cessibility — ADA-compliant elevators and a new chair lift from the auditorium level — as well as fire alarm upgrades and, potentially, a walk-in freezer for the school food service’s main kitchen.

Proposition 4, coming in at \$6,551,234, includes wall repair at Elm Drive Elementary and, at the middle school, the construction of a greenhouse, “large group instructional space,” and new science lab.

The administration included a Deferred Project Scope, which are projects that were considered and have been designated for deferment and consideration in a future referendum vote. These include traffic augmentations to Elm Drive and Alden Place with a new traffic circle and EV charging station (\$6,616,668); Elm Drive office and classroom configuration (\$2,903,665); new cafeteria and main office relocation, kitchen renovation and related work at Alden Place (\$4,756,469). The estimated cost of the deferred work is \$14,276,502.

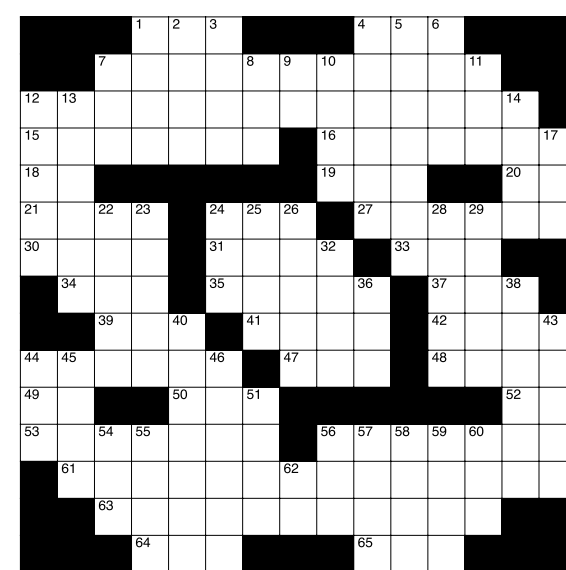
The administration worked with BBS Architects and Engineers, The Palumbo Group, Trane Technologies and Bernard P. Donegan Inc. in the planning and design of the capital improvements.

Voting will take place Tuesday, May 21, from noon to 9 p.m. in the MMS auditorium. The capital project proposals can be found under the Capital Project tab on the MCSD website at millbrookcsd.org

Brain Teasers

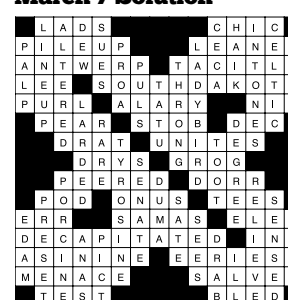
CLUES ACROSS

- Helps little firms
- Political action committee
- Allowed
- Olivia Colman played one
- Open
- He had a notable lamp
- Promotional material
- Domesticated animal
- Larry and Curly’s buddy
- The best ever
- TV network
- Checked for
- Dry or withered
- Expression of annoyance
- Dash
- Fifth note of a major scale
- A secret clique
- Partner to cheese
- ___ school: where to learn healing
- City in ancient Syria
- Gasteyer and de Armas are two
- Established practice
- Thanksgiving side dish
- District in Peru
- It’s becoming more prevalent
- State in India
- Measure of illumination
- Raised platform
- Japanese warrior
- R.L. Stevenson novel
- Transitory
- Advanced degree
- Fiddler crabs



- Stop playing
- Marshy places
- Takes apart
- Ten cents
- A gesture of assent
- Scent
- Teletypewriter
- General’s assistant (abbr.)
- Hillside
- Taxi driver
- Semitic Sun god
- Town in India
- Traditional rhythmic pattern
- Fugitives are on the ___
- Type of dance
- Two letters, one sound
- Having a strong, pleasant taste
- Golf score
- Mayhem
- Drenched
- River in northeastern Asia
- Drug to treat anxiety (abbr.)
- Part-time employee
- A very large body of water
- Aboriginal people of Japan
- Millisecond
- Forearm bone
- Royal dweller
62. Subway Mail

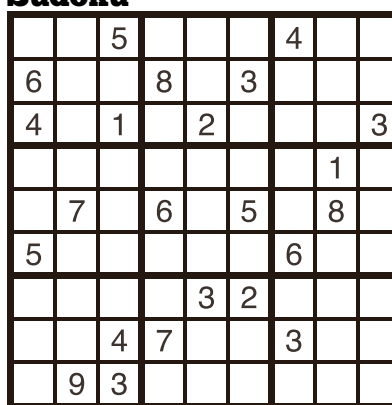
March 7 Solution



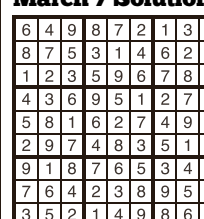
CLUES DOWN

- Prevent from seeing
- Czech city
- ___ and Andy, TV show
- A young pig
- Removed surgically
- Covered with
- Chest muscle (slang)
- Nigerian City
- Midway between south and east
- A way to shut

Sudoku



March 7 Solution



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OBITUARIES

Bobbie C. Palmer

LAKEVILLE — Bobbie C. Palmer, born in Lakeville on Jan. 13, 1948, passed away peacefully on March 4, 2024. He is survived by his loving wife, Marva J. Palmer, son Marc (Sandra) Palmer, daughter Erica (Fleming) Wilson, two grandchildren, Andrew Yost and Ciara Wilson, and two great grandchildren. He was predeceased by his parents Walter and Francis Palmer and four brothers; Henry Palmer, William Palmer, John Palmer and Walter Palmer Jr.



U.S. Air Force. He was smart and worked as an analyst at Travelers Insurance for almost 40 years. He also spent a lot of time giving back to help others — from volunteering, teaching adults to read and helping his neighbors. Bobbie also loved to travel and had a passion for being outdoors — barbecuing, gardening, long walks or simply sitting outside taking in nature. One could also find Bobbie glued to the television watching a NY Giants game or NASCAR racing. He thoroughly enjoyed watching both.

He leaves behind a legacy of love, kindness, and laughter that will be cherished by his family and those closest to him.

Bobbie was selfless and most known for his generosity and sense of humor. His spirit and comedic, joking banter would light up any room. He was a loving and caring soul who sacrificed to give so much for his family — the epitome of what an outstanding father, grandfather and husband is.

He was dedicated and served our country in the

and wanted to honor his life — remember life is short. Tomorrow is not promised. If there is something you want to do or see, do it! Be kind and give back. If you have it to give... give it! Love hard, laugh often!

A funeral service will be held at Newkirk-Palmer Funeral Home, 118 Main St., Canaan, CT at 11 a.m. Friday, March 15. The interment ceremony afterward will be with family.

James Rockwell Sheffield III

WESTMORELAND, N.H. — James "Jamie" Sheffield, 55, of Westmoreland, New Hampshire, passed away on Valentine's Day after battling heart complications and surgeries beginning on Thanksgiving Day 2023.



Jamie was a writer and an educator who had a deep love for the natural world. Born and raised in New York City, he spent his summers and most of his life in the Adirondacks. A graduate of St. Lawrence University, Syracuse University, and Goddard College, he spent 18 years working at Lake Placid Middle/High School. In 2016, Jamie and his wife, Gail Gibson Sheffield, relocated to New Hampshire where he focused on his writing and worked as an academic advisor at Landmark College in Vermont.

Jamie published his first novel in 2013, "Here Be Monsters: A Tyler Cunningham Adirondack Mystery." The book received the 2013 Adirondack Literary Award for best fiction novel and launched his Smart Pig publishing house. Jamie went on to write four novels and several shorts in the Tyler Cunningham series. After earning his MFA in writing, he published two more collections of shorts, a mystery novel based in New Hampshire, and a series of children's books featuring various members of his tortoise creep. He also published stories in various collections, several magazine articles, online forum pieces and documented his life through essays published in his Adirondack Diary blog, adirondackdiary.blogspot.com, his author's web site, www.jamiesheffield.com, and his writers' group site on Facebook.

An avid hobbyist, Jamie immersed himself in a variety of different interests that started as online communities and grew into face-to-face friendships. First in his heart was his son Benjamin. Jamie was dedicated to showing his son the world and passing on his own curiosity and fascination with this planet. The two of them traveled all over the world together sharing their love for discovery, cooking, the environment, and animals. Jamie adopted and loved many ani-

mals throughout his life and made it possible for other animals to find their forever homes. He felt humans had a promise to keep with the animals in our world... they bring us comfort and dedication... we owe them the best possible life.

Jamie is survived by his wife of twenty-six years, Gail Gibson Sheffield, his son Benjamin Gibson Sheffield, his parents Jill and James Sheffield of Cornwall, his sister Sarah Tod Sheffield of Brooklyn, and his "brother" William Bradley Peebles and his partner Lucio Gonzalez of New York City, as well as his surviving animals, Olive, Bowie, and the tortoise creep.

The family is planning a celebration of Jamie's life on June 1 in Lake Placid, NY. In lieu of flowers, the family asks folks to support, in Jamie's name, either the Tri-Lakes Humane Society of Saranac Lake, NY or the humane society of their choice.

AMENIA — David Andrew Wilcox, 60, a thirty-six year resident of Amenia, died March 9, 2024, at St. Vincent's Medical Center in Bridgeport.

Mr. Wilcox had a long career with New York State. He worked as a stationary engineer in the powerhouse on the Wassaic Campus for Taconic Developmental Disabilities Services Office (TDDSO). He retired on Aug. 31, 2018, with thirty-four years of state service. He was also the longtime maintenance man for the Immaculate Conception Church in Amenia.

Born Aug. 16, 1963, in Sharon, he was the son of the late David E. and Margaret (Vincent) Wilcox of Dover Plains. He attended Dover Jr. & Sr. High School. On Nov. 26, 1988, in Dover Plains, he married Susan Parrotte. Mrs.

NORTH CANAAN — Inez (Delaini) Godburn passed away peacefully on March 4, 2024, at Geer Nursing Home after a brief illness, with her family at her side. She was 101.

Inez was the widow of John E. ("Jack") Godburn, Sr., who died in 2009.

Her family was her life. Inez had seven brothers and sisters, 10 children, 15 grandchildren and 10 great-grandchildren.

Inez's parents were born in Italy, her father Domenico in 1871 and her mother Genovefa (Perotti) in 1884. They came to America through Ellis Island in the early 1900s, settling in Lime Rock.

The youngest in her family, Inez was born Dec. 2, 1922, in East Canaan. Her older brothers and sisters, Egilio (Gene), Lena, Louise, Italo, Enrico, Andrew and Mary, all predeceased her.

As a child, Inez attended the East Canaan school on Rte. 44 at Furnace Hill Road. She always remembered the unplowed winter roads of the 1920s and 1930s and how the children would hope for tire or wagon tracks in the snow

John A. Dorizzi

FALLS VILLAGE — John A. Dorizzi, 89, of Falls Village, died March 3, 2024, at the Sharon Hospital. John was born in Canaan on Jan. 4, 1935, son of the late Emil and Marie (Visini) Dorizzi.

John graduated from Housatonic Valley Regional High School in Falls Village. Shortly after that, he enlisted in the U.S. Army in 1955. He served at Fort Dix in New Jersey, then on to Fort Jackson in South Carolina. From there it was on to Jump Training at Fort Benning in Georgia and finally to Special Forces training at Fort Bragg in North Carolina. John made about 39 active jumps. While serving with the Green Berets he held the rank of Specialist 5th Class which is equivalent to a Staff Sergeant. He was honorably discharged in 1958, but continued in the Army Reserves until he was honorably discharged from the reserves on May 31, 1962.

Upon returning to Falls Village, John became a well-known and accomplished carpenter. He pursued that trade for 20 years. After that, he began a new career at the former El-Hamal Arabian Horse Farm in Salisbury. On the farm he built barns, indoor arenas, and any other

to assist their long, cold walk to school. She also attended the Canaan Center School.

In the 1940s, Inez worked at The Conley Inn in Torrington (later The Yankee Pedlar). She also worked in later years at Johnny's and Charlie's restaurants in Canaan, and at the Colonial Theater.

Renowned as a cook, Inez learned from her mother how to make many dishes from scratch. She recalled how her mother would behead, pluck, stuff, roast and baste a chicken every week for Sunday dinner.

Inez made wonderful lasagna, gnocchi, ravioli, stews, roasts, soups, salads, breads, Yorkshire Puddings and much else. Mealtimes were ample and memorable. Her spaghetti sauce was so popular it was marketed. Mangia bene!

When her children were growing up on West Main Street in North Canaan in the 1950s and 1960s, Inez and Jack were very involved in their

school activities, and Jack was scoutmaster of Troop 22. The backyard pool was a beacon for neighborhood kids, and there were many picnics.

Later the family lived in East Canaan near Inez's childhood home where they had fruit trees, grapes, greenhouses and a fledgling flower business, and later a florist shop in Canaan.

With the kids grown, Inez made a long-planned trip to Italy with her eldest child, Michele, where she visited Rome and Venice and met Delaini relatives. She was predeceased by Michele and her grandson Scott, both of Havelock, North Carolina.

Inez is survived by nine children: Joseph and his wife, Sandy, of Plainville; John, Jr., and his wife, Claudia, of Torrington; Mark of Norfolk; David and his wife, Jill, of North Canaan; Michael and his wife, Gale, of Torrington; Kevin of

North Canaan; Deborah of Richlands, North Carolina; Donna and her husband, Joe, of East Longmeadow, Massachusetts; and Brian and his wife, Eileen, of Oakdale.

The funeral was held Saturday, March 9, at St. Joseph's Church in North Canaan, where Inez was a lifelong communicant, and where she volunteered with fundraising and the church's annual summer barbecue well into her 90s.

Burial followed in the Delaini family plot at St. Mary's Cemetery in Salisbury. Newkirk-Palmer Funeral Home in North Canaan was in charge of arrangements.

A reception catered by Freund's Farm was held at the Bitterman Center in North Canaan.

The family wishes to thank the nursing staff and aides on Harmony Lane (3rd floor) at Geer, the Visiting Nurse & Hospice of Litchfield County, and St. Joseph's Church. Donations in lieu of flowers may be made to any of these groups in Inez's name.

project that may have been needed. He spent another 20 years at the farm. After that, he worked with his family's business, Wright One Landscaping until he retired. John maintained his love of woodworking and gardening throughout his life. He was able to look at a picture of a project and reproduce it exactly as it looked in the photograph.

John is survived by his longtime companion Maryann Betti with whom he lived, several nieces and nephews as well as his brother Robert Mallory and his wife Pat of New Hartford. He is also survived by his sister-in-law Donna Mallory of Canaan. John was one of seven children.

Graveside service with full military honors will be held on Saturday, March 16, 2024, at 11:00 a.m. at Lower City Cemetery, Undermountain Rd. Falls Village, CT 06031.

There are no calling hours. Memorial donations may be made to either the Sharon Health Care Center 27 Hospital Hill Rd Sharon, CT 06069, or Noble Horizons 17 Cobble Rd. Salisbury, CT 06068. Arrangements are under the care of the Newkirk-Palmer Funeral Home 118 Main St. Canaan, CT 06018.

David Andrew Wilcox

Wilcox survives at home in Amenia.

Mr. Wilcox served his community as a volunteer firefighter for decades. He was a current member of the Amenia Fire Company, a past member and lieutenant of the Wasaia Fire Company and a past member

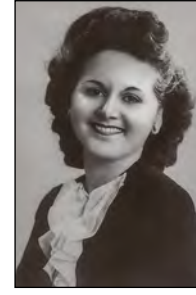
of the J.H. Ketcham Hose Company in Dover Plains. He also served as an assistant coach for Little League Baseball and for the Babe Ruth Baseball League. In his spare time he enjoyed watching the New York Yankees and NASCAR. He was also an avid hunter and fisherman. He will be dearly missed by his loving wife, his children and his adoring grandchildren.

In addition to his wife, Susan, Mr. Wilcox is survived by three children; Jonathan Wilcox and his wife Erika of

San Antonio, Texas, Shawn Wilcox of Dover Plains and Jessica Wilcox and her companion Devin Cooke of Fernandina Beach, Florida; seven grandchildren, Brooke, Shawn, Jr., Brayden, Abigail, Chase, Penny and Jack who all loved their "Pa" dearly. In addition to his parents, Mr. Wilcox was predeceased by two brothers, Stephen M. Wilcox and Ronald E. Wilcox.

A private graveside service and burial will take place next week at Amenia Island Cemetery in Amenia, NY. Reverend Robert K. Wilson will officiate. Memorial contributions may be made to the Upstate Stroke Foundation, 750 E. Adams St., Syracuse, NY 13210. Arrangements have been entrusted to the Scott D. Conklin Funeral Home, 37 Park Avenue, Millerton, NY 12546. To send an online condolence to the family or to plant a tree in Dave's honor please visit www.conklinfuneralhome.com

Inez Godburn



Worship Services

Week of March 17, 2023

Call ahead or visit websites for updates on remote or in-person services.

Christ Church Episcopal in Sharon
9 South Main, Sharon CT
Sunday Holy Eucharist at 9:00 A.M.
Transitioning through prayer
All welcome to join us
860-364-5260
www.christchurchsharon.org

St. John's Episcopal Church
12 Main Street, Salisbury, CT
Rev. Paul Christopherson
SUNDAY SERVICE
10:00 a.m. Eucharist with music (Rite II)
In-Person and on YouTube
www.stjohnssalisbury.org
860-435-9290

North Canaan Congregational Church, UCC
Joyfully opening our hearts and doors to all God's people
172 Lower Rd./Rt. 44, East Canaan CT
Worship services Sundays at 10 am
www.facebook.com/northcanaancongregational
860-824-7232
FISHES & LOAVES FOOD PANTRY, A MISSION OF OUR CHURCH is at Pilgrim House, 30 Granite Ave., Canaan
Tuesday 4-6 pm & Thursday 12-2 pm
www.fishesandloavesnorthcanaan.org

Congregation Beth David
A Reform Jewish Synagogue
3344 East Main St., Amenia
SERVICES SATURDAY 10:30 AM
Twice Monthly • Followed by Oneg (Calendar at congbethdavid.org)
ALL ARE WELCOME
Rabbi Jon Haddon
845-373-8264
info@congbethdavid.org

The Lakeville United Methodist Church
319 Main St., Lakeville, CT 06039
9:15 a.m. Worship Service
9:15 a.m. Sunday School
"Open Hearts - Open Minds - Open Doors"
The Rev. Dr. Anna C. Camphouse
860-435-9496
Lakevillemethodist@snet.net

The Sharon United Methodist Church
112 Upper Main Street, North End of Sharon Green
Touching Lives - Lifting Spirits
10:30 a.m. Worship Service, Nursery Care
No Sunday School in Summer
The Rev. Dr. Anna C. Camphouse
860-364-5634
sharonumc5634@att.net

Falls Village Congregational Church
16 Beebe Hill Road, Falls Village
10:00 a.m. Family Worship
Coffee Hour
A Friendly Church with a warm welcome to all!!
860-824-0194

The Smithfield Presbyterian Church
656 Smithfield Valley Rd.
Route 83, Amenia, NY
Services every Sunday 10 a.m.
www.thsmithfieldchurch.org
21st Century Theology in an Historic Building

Canaan United Methodist Church
2 Church St., Rte 44, Canaan, CT
11 a.m. Worship Service
"Open Hearts - Open Minds - Open Doors"
Rev. Lee Gangaware
860-824-5534
canaanct-umc.com
canaanctumc@gmail.com
We hope you will join us!

Promised Land Baptist Church
29 Granite Ave., Canaan, CT
Where you will find: A Warm Welcome!
Helpful Bible Messages, A Place to Grow!
Sunday School - 10am
Sunday Worship - 11am
Wednesday Bible Study and Prayer Meeting - 7PM
(860) 824-5685
VISITORS WELCOME!
www.promisedlandbaptist.org

The Congregational Church of Salisbury, U.C.C.
30 Main Street, Salisbury, CT
Whoever you are, wherever you are on life's journey, you are welcome here!
Worship, Sundays at 10 am, in-person and streaming
www.salisburyucc.org
Shalom:
Wholeness, harmony, justice, and joy!
(860) 435-2442

Trinity Episcopal Church
484 Lime Rock Rd. Lakeville
Offering companionship along the Way
Sundays at 8 and 10:30 a.m.
Sunday School at 9 a.m.
Livestream at 10:30 found at www.trinitylimerock.org
Misa en español al mediodía (12 pm) el último sábado de mes
The Revs. Heidi Truax & Felix Rivera
trinity@trinitylimerock.org
(860) 435-2627

Unitarian Fellowship of NW CT
Cobble Living Room, Noble Horizons
The next meeting will be Sunday, April 14 at 10:30 a.m.
For information, contact Jo Loi at jokialoui@gmail.com
All are Welcome

Chabad of Northwest CT
On the Green
69 West St. Litchfield, CT 06759
chabadNW.org
860.567.3377 | office@chabadNW.org
Rabbi Joseph & Mina Eisenbach
A home away from home, a gathering place where unity is paramount.
We are here for you, welcome to the family!

WINTER SCHEDULE
Sunday 10:30 AM - Hebrew School
Wednesday 8:00 PM - Parsha In My Life
How The Weekly Portion Relates to ME!
Thursday 11:30 AM - Women's Tea & Torah
Saturday 9:30 AM - Shabbat Services
Followed by a Congregational Kiddush
Children's Camp | Jewish Newspaper
Smiles on Seniors | CTeen | YJP

ST. MARTIN OF TOURS PARISH
Immaculate Conception,
4 North Street, Norfolk
St. Joseph, 4 Main Street, Canaan
St. Mary, 76 Sharon Road, Lakeville
MASS SCHEDULE
Saturday Vigil 4 pm, St. Joseph Church
Sunday 9 am, Church of St. Mary
Sunday 11 a.m.,
Immaculate Conception Church
DAILY MASS SCHEDULE
Wednesday 6pm
St. Joseph Chapel or Church
Thursday 8am
Immaculate Conception Church
Friday 8am
Church of St. Mary
ALL ARE WELCOME!
For information, please call 860-824-7078

UCC in CORNWALL
Cornwall Village Meeting House
Worship Sunday, 10 am
Outstanding Church School (10 am)
Mission Opportunities
Warm Fellowship following Worship
860-672-6840
www.uccincornwall.org
Rev. Micki Nunn-Miller, Minister
Welcoming all - including the LGBTQ Community

The Chapel of All Saints, Cornwall
Holy Eucharist: Sundays at 9 a.m.
Trinity Retreat Center Chapel
Lower River Road, West Cornwall

Sharon Congregational
25 Main Street, Sharon, CT
Sunday Service 10:30 a.m.
Visit our website
sharoncongregationalchurch.org
for Sunday services
Contact us at 860-364-5002 or
info@sharoncongregationalchurch.org

All Saints of America Orthodox Christian Church
313 Twin Lakes Rd., Salisbury, CT
Vespers Saturday at 5:00 P.M.
Divine Liturgy Sunday at 9:30 A.M.
Special Services Online
Rev. John Kreta
860-824-1340 | allsaintsofamerica.us

Send obituaries to johnc@lakevillejournal.com

EDITORIAL

Journalism interns

The pay is low. Job stability is not a guarantee. You'll have to expect that a large segment of the population will harbor distrust of your work. These upfront conditions would drive off most young job candidates, but not aspiring young journalists. Here we are at the advent of spring and again this year The Millerton News and The Lakeville Journal are receiving inquiries from high school and college students eager to work as summer interns alongside our reporters and editors. Last year both papers benefited from hosting interns who ranged from rising seniors in high school to rising seniors in college. We learned from them as they learned from us. It was harmonious and fruitful and fun for all of us, and we celebrated with pizza when the summer was over. Some of them applied to college, others to journalism graduate school to further their education.

The 2024 summer intern season is shaping up with even more interest among students. In the interview process we always ask why they want to work for a newspaper covering local community events. One interested student attending Boston University, who is from Millbrook, said that he wanted to be witness to history. We were immediately impressed, recognizing the right stuff in this candidate.

Working on the staff of an independent community newspaper provides for direct connection with one's immediate world. It is not a homogenized form of journalism, directed by absentee owners or fabricated via aggregator technologies. It is not an abstract exercise. And when you make a mistake — we're all human — you know it.

Some students seeking internships with us are pursuing journalism as a major, but not all of them. Often they say they began to think about journalism after taking a writing course — not a standard English course — and because they liked it so much they began to consider journalism. At the high school level, studies have shown that exposure to journalism has these benefits: higher GPAs, higher scores on college entrance exams, stronger writing and grammar skills in college.

A journalism education as a prerequisite for the job has been debated over the decades. But experience on the job, and learning firsthand from someone "doing it," continues to be an invaluable learning experience for our career-conscious interns.

Among journalists as a whole, despite the low pay and turbulent times for job security and not to forget threats to press freedom, three out of four journalists say they would choose their career all over again. In a 2022 survey by the Pew Research Center of nearly 12,000 working, U.S.-based journalists, the conclusion was that despite the turmoil in the field over past decades, they continue to report satisfaction and fulfillment in their jobs. Reminds us of the old saw: Love what you do.

We'll share more about our 2024 interns in coming weeks — in our words and their own.

When did WebMD become my homepage?

Remember when your only doctor was your pediatrician, whom you remember fondly (Dr. Buchman in Hartsdale), or dentist (my best friend Beth's Uncle Sol, in those pre-fluoride, cavity-riddled days).

As young adults, we added an ophthalmologist — for glasses, then contact lenses — but that was pretty much it. I took birth control pills and the occasional aspirin; my medicine cabinet held mostly makeup and perfume.

How all that has changed. We have added, at a minimum, a cardiologist, dermatologist and an orthopedic surgeon (our knees and hips betrayed us).

My primary physician is a concierge doctor in New York City, available by text 24/7, which is invaluable, but otherwise I have gradually transitioned to local doctors, and in fact, very successfully had a stent inserted at Vassar Hospital.

Regrettably, post-COVID, it seems doctors are forced to see a different patient every 15 minutes. It's frustrating and infuriating and I leave forgetting to ask half my questions, so I've adjusted to seeing (and befriending) the nurse or PA, who have become the doctor's more relaxed alter ego.

Conversations with friends seem to center around whom we see, how to get an appointment in less than six months

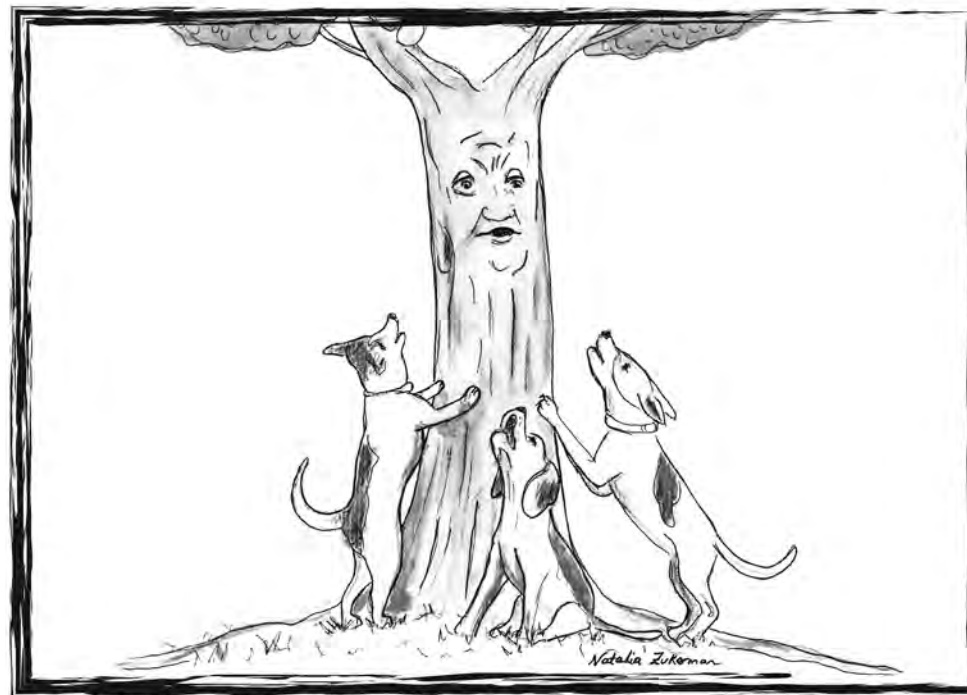
RETIREMENT — WHAT NOW?

Gwen Greene

or even which of a doctor's four offices to go to. Most of us are on Medicare which I find easier than any corporate plan I've ever had; I see it as one of the "perks" of aging. (I admittedly tested its waters by making my late husband go on it while I stayed on my corporate plan, but after he had a few doctor visits where he simply walked out the door afterwards, I got on board.)

Then there are the meds — somehow I now take six prescription medicines and six more supplemental pills (my doctor insists that they are all essential. I'm not sure about that, but as he points out, I seem to be feeling great and am asymptomatic, so why fix it?). And of course, there are the "situational" ones, the antibiotics and the nasal sprays, the cough and sore throat medicines, a steroid here and an antihistamine there.

One annoying byproduct of the above is the need to travel with an entire bag of toiletries, from Band-Aids to antibiotic cream, from Paxlovid to Imodium, from sunblock — remember those days of iodine and baby oil, and a reflector for good measure?



"Wrong tree!"

The views expressed here are not necessarily those of The Millerton News and the News does not support or oppose candidates for public office.

Accepting financial support does not mean we endorse donors or their products, services or opinions.

Letters to the editor deadline is 10 a.m. Monday for that week's publication. No more than 500 words. Send to editor@millerton-news.com. Please include a phone number for confirmation.

LETTER TO THE EDITOR

Nuvance is sabotaging Sharon Hospital's L&D

Nuvance is Sabotaging the Maternity Unit at Sharon Hospital

Nuvance is creating conditions at Sharon Hospital that are intended to lead to the closure of its Maternity Unit, in violation of the Ct. Office of Health Strategy's Final Decision, issued on Feb. 5, 2024, which ordered Nuvance to keep the maternity unit open. More specifically, Nuvance has caused pediatric coverage, which is needed to support them aternity unit, to be almost impossible to main-

tain. This is an easy problem for Nuvance to solve. Instead of cutting the compensation of pediatricians, as it has done, causing them to leave Sharon Hospital, it could maintain their compensation at its prior rate (or increase it to match that of other Connecticut hospitals).

The matter is urgent, and the time to act is now. Nuvance must not be permitted to degrade Sharon Hospital's Maternity Unit. Please contact our local, state, and federal representatives to demand

that Nuvance's destructive behavior be stopped:

Connecticut Gov. Ned Lamont — www.portal.ct.gov/Office-of-the-Governor/Contact/Email-Governor-Lamont
U.S. Sen. Chris Murphy — www.murphy.senate.gov/contact

U.S. Sen. Richard Blumenthal — www.blumenthal.senate.gov/contact/write-to-senator-blumenthal

U.S. Rep. Jahana Hayes — hayes.house.gov/email-me

Connecticut OHS Director Dr. Deidre Gifford — ohs@

ct.gov
Connecticut Attorney General William Tong — Attorney.General@ct.gov

Connecticut Comptroller Sean Scanlon — Sean.Scanlon@ct.gov

Connecticut State Sen. Stephen Harding — ct-senaterepublicans.com/contact-harding/

Connecticut State Rep. Maria Horn — maria.horn@cga.ct.gov

David C. Singer, Esq. Salisbury

Of capital, cables and a maple syrup bucket

The following excerpts from The Millerton News were compiled by Kathleen Spahn, Vivian Sukenik, Nancy Vialpando and Rhiannon Leo-Jameson of the NorthEast-Millerton Library.

91 years ago: March 16, 1933

'Local Man is Married in Brooklyn': The marriage of Albert A Berger, of Millerton, to Miss Rose A Lehrman, of 1583 Eastern Parkway, Brooklyn, N.Y. took place last Sunday. [...] Mr. Berger has been in Millerton about four years and is the proprietor of the

— to Aquaphor, and from vitamin E oil to a moisturizer for each separate part of the body. Better to be safe ...

There's the physical therapy — that's now part of life — and then there's the therapy therapy, the psychologists and psychiatrists. My recollection of living in New York City after college is that everyone was in therapy; I wouldn't date a fellow who wasn't — not highly evolved enough for me.

By the end of my very brief first marriage, my husband and I were each in therapy individually and in couples' therapy. (The marriage ended anyway because the whole point of therapy is to figure out what's best for YOU, and in our case, divorce was the correct answer.)

I'm still a devotee of getting help whenever needed — someone who can be objective and whose advice isn't clouded by a shared history. I found someone up here who I see for "tuneups" whenever I feel the need.

Aging hasn't given me all the answers, but instead has presented me with all new questions. If you have anything you want to share, please feel free to email me at gweng@millertonnews.com.

Gwen lives in Pine Plains with her partner, Dennis; her puppy, Charlie; and two Angus cows, who are also retired.

FROM THE ARCHIVES The Millerton News

Army and Navy Store. 'Millerton Bank Now Reopened': Permission to resume received at 1 A.M. on Wednesday

The banking situation in Millerton is now normal again. At one o'clock in the morning, yesterday, George Andrews, cashier of the Millerton National Bank, received a telegram from the Federal Reserve Bank, in New York City, giving the local bank permission to open. This action has been confidently expected for, with its surplus and profits exceeding its capital, the Millerton Bank was in an exceptionally strong position and the permission to reopen was merely a matter of form.

50 years ago: March 2, 1974

'Village Board Appeals for Rail Improvements': The Village Board of Millerton last week requested the continuation and improvements of rail service to this area [...] Following is part of the content of the Board's appeal: "So often in this age the voice of the small community goes unheard, drowned out by the clamour created by more vociferous interests. The Village of Millerton is faced with termination of all railroad services. The Village of Millerton wants railroad service to continue, in fact, it wants and needs railroad service to increase. But the people of Millerton fear, and rightly so, that they will be ignored..."

'Rail Cut Perils \$2 Million Plant': Proposed abandonment of its Harlem Valley line by Pen Central now threatens Tri-Wall Container Company's plan for a \$2 Millerton plant expansion in Wassaic. Jerome Wallerstein, President of Tri-Wall, [...] described the proposed elimination of freight service [...] as "inponderable" [...] "That's why I stay

up late at night [...]"

'Cable Break Disrupts Service to 12,000 Phones': As many as 12,000 telephone customers in Columbia County were unable to make long distance telephone calls last weekend when a U.S. Coast Guard Cutter dropped a weighted channel buoy on a telephone cable resting on the floor of the Hudson River. [...] The "Cable Queen" was dispatched from New York City to the scene.

25 years ago: March 18, 1999

'Last Hurrah for Hizzoner': Monday's Village Board meeting was the last hurrah for legendary Millerton Mayor Jake Shoifet who recognized six outstanding individuals, including village attorney Michelle Haab, highway/water superintendent Larry Merwin, planning board chair Cathy Fenn, and chief of police Tom Briggs. In village elections, Mike Cawley was elected mayor, while Mariley Najdek and Mark McAvoy won seats on the village

board.

'Three Firefighters Complete Course': Three members of the Millerton Fire Department recently completed a course designed to develop the supervisory and management capabilities in structural firefighting operations. Mark J. McAvoy II, firefighter-EMT, has successfully completed the "Managing Company Tactical Operations: Decision-Making" course and Chief Michael Segelkn and Michael F Cobirn completed the "Managing Company Tactical Operations: Preparation" course.

'Show and Tell Offered at NE Library': The first meeting of the season for the North East Historical Society will be a show and tell program. Last year many interesting items were brought in for discussion: a silver cane, 1836 map, phosphor-coated metal flower light bulbs, tablecloth from a local factory, carved wooden trays and a frame, pewter spoons from Mt. Riga [...] and a maple syrup bucket.

THE MILLERTON NEWS

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Mission Statement

The Lakeville Journal Company, Publishers of The Lakeville Journal and The Millerton News
Our goal is to report the news of our communities accurately and fairly, and to foster the free flow of information and opinion.

John Coston Editor-in-Chief

James H. Clark Publisher & CEO

Thomas K. Carley Chief Operating Officer

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COMPOSING DEPARTMENT: Caitlin Hanlon, graphic designer; Olivia Montoya, graphic designer.

DRIVERS: Brian Murphy; Geoffrey Olanis; Adam Williams.

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MENTAL HEALTH *Continued from Page A1*

Lauren Marquis, director of curriculum/instruction and technology at Webutuck, has also come to see the integration of art programs into the curriculum as a potential avenue for promoting mental wellness.

"It's been a hard couple of years," said Jillian Barnes, who has taught art at Millbrook Middle School for the past 14 years.

The isolation of the pandemic is still affecting students, she said. She noted a surge in participation in after-school programs, particularly the art club, following COVID-19: students had "really missed being with their peers," she said.

After-school and curricular programming addressing mental health concerns are proving to be valuable resources for promoting mindfulness, creativity, emotional expression and overall student health.

"The last two years are the highest [enrollment] numbers that I've ever had. The high school is the same," she said.

(Pine Plains Central School District could not be reached during the reporting of this story.)

Barnes's own background is in graphic design, but she has found that, "during the time when we were all on



PHOTO BY NATALIA ZUKERMAN

Social workers Jamie Betti, left, and Tara Hart at Webutuck.

the computer so much during COVID, everyone just wanted a break," so she's pivoted to using clay, a tactile medium, in her classes.

She said, "If anyone is ever stressed or just needs some relaxation, sitting on a pottery wheel is literally one of the best therapies there is."

Her art club still has an element of graphic design, but the focus has shifted to be more hands-on, and Barnes shared that she can tell how much the students are loving it. "I have to kick them out of here sometimes to go to their next class," she said.

The support she has received from the Millbrook Educational Foundation is instrumental in enhancing the art program, said Barnes.

"They've supported me with film equipment, display boards for art shows, an awesome new printer," she said. "I've been here a long time, so I've written a lot of grant proposals for pretty much anything that's outside of your normal budget."

This year, Webutuck's after-school art club started meeting again for the first time since the pandemic.

"A big reason for starting up the art club again was mindfulness, mental health," said Frank Wickwire, who teaches art and leads the club. "Just being able to have the kids come to a safe, fun place to rest, create, and flush off some of that negativity they pick up during the day."

Wickwire has also been able to secure grants in the past two years from the Webutuck Quest for Excellence Fund through the Berkshire Taconic Community Foundation, enabling him to offer students a wider variety of materials.

The art club is open to students in the seventh through

12th grades and is particularly appealing to students who may not be able to fit art into their regular curriculum.

"We can do in here what I might not be able to get done during the year," said Wickwire, "so it kind of opens up the breadth of materials and techniques for the students."

While Art Club isn't normally open to sixth graders, Fiona Crow has shown remarkable talent, and Wickwire made an exception.

"Art Club to me is my safe place," said Crow. "I'm proud to say that as the youngest person in here.

"I think it's just really nice to be able to have a place where you can let your imagination go free and let your inner child basically run around. Art means everything to me."

Crow shared her most recent animation, created on her iPad, and said: "It took me two years to save up \$600 for it. I did a bunch of babysitting and dog-walking."

Asked if the art program on her iPad is keeping her off of scrolling through social media, Crow said, "I'm not allowed on social media. What I do on my iPad is just draw."

Twelfth grader Arianna Parent said that the art club "is kind of like a safe space. You can just come in here and do whatever you want basically, paint whatever you want. There's so much to do."

Currently working on a mixed media painting, she shared how her emotions affect her process.

"How you feel when you're doing it, it kind of determines my art, like what I'm doing at that moment or how I feel. But right now, I think it's calm, you know? Peaceful."

MINISTER *Continued from Page A1*

"It's a small congregation right now," Camphouse said of Millerton, where services will be offered on the first and third Sundays of each month beginning at 3 p.m.

On all Sundays, the Lakeville church worships at 9:15 a.m. and the Sharon congregation worships at 10:30 a.m.

The Millerton church has "an incredible history," Camphouse said, noting that people are beginning to come back after a long hiatus. In the church's prime, it served as an emotional as well as physical center in the community.

"It is a landmark," she said, given its architectural beauty inside and out, and its location at the top of Millerton's Main Street.

An unusual feature is that the sanctuary, the worship space, is on the second floor; Camphouse remarked that it's the same configuration as the Dexter Avenue Baptist Church where the Rev. Dr. Martin Luther King was the pastor during the time of the Montgomery bus boycott.

Questions that she asks herself and the Millerton church include, "How can the church elevate the community and build that community to lift up the spirit and better teach people simply to love one another?"

Looking beyond Millerton, Camphouse said that one of the great challenges in the modern world is to teach people of different backgrounds to come together, with the church functioning as a community center where relationships are built, begin

"I used to be an activist," she said, "but that was a time when expressing your opinion would not get you fired."

We've become addicted to fear, she said, which makes room for itself through loss of hope and loss of trust. "Faith and fear cannot abide" together, Camphouse said.

"We need to return to having a bias toward love and trust and listening and understanding," Camphouse said. "It's a desperate need," the creation of a spiritual life.

"We are spiritual beings having a human life," she said. "The church is there to live into that healing of the world, starting right there in your local community."

Looking ahead to how the Millerton Methodist Church can foster community, Camphouse said that she and the church members are excited to be helping to plan for Millerton's 150th anniversary in 2025.

With characteristic enthusiasm, Camphouse said she could envision a trip through the Southern states, perhaps a Civil Rights tour of the important sites of the 1950s and 1960s.

Community teas and conversations could be in the future, or fellowship programs with the Moviehouse, with film discussion and refreshments to follow at the church across the street.

The summer farmers market will continue to be a popular community draw, Camphouse said.

"I'm listening. I'm open to getting this going. I will appreciate any support along the way," Camphouse said.

The next Sunday service will be March 17 at 3 p.m. To share any ideas or learn more, Camphouse invites anyone to reach her at annacrewscamphouse@gmail.com

WASTEWATER *Continued from Page A1*

woman Rosanna Hamm to serve as deputy supervisor for the town.

Having considered several candidates to fill the vacancy on the town board created when Leo Blackman assumed the post of town supervisor following his election last November, the board moved ahead on appointing an interim councilperson to serve out his unexpired term on the board. The interim appointment will end following the November 2024, election.

A resolution put forward former Town Supervisor Bill Flood based on his experience in town government, but that appointment failed by a 2-2 vote, with Rebillard and Paul Winters voting in opposition.

A revision to the resolution substituted the name of Nicole Ahearn to fill the slot, winning approval by a vote of 3-1, with Blackman voting in opposition.

In an effort to measure public sentiment about the town opting in to state regulations that guide the operation of a cannabis dispensary in the town, the board devoted part of its meeting to hearing from residents.

No residents spoke in opposition to the idea of a dispensary. Several spoke in favor of allowing a dispensary, citing the benefits of medical marijuana to patients who need it and who now must travel substantial distances to procure it.

Another resident supported moving forward with opting in, trusting the strength of the state's protective regulations.

Some residents said that if a local law is to be drafted, residents should have ample opportunity to study and discuss it in detail before voting on it.

Winters commented that he has argued in favor of legalizing marijuana for 30 years. Rebillard had concerns that the substance currently being distributed through the black market can be laced with fentanyl.

Town attorney Ian Lindars explained that current regulations allow two pathways allowing either a dispensary or an on-site consumption lounge, or both. He clarified that the town would be thinking only of a dispensary.

Siting of a dispensary is a key decision for the town, Lindars explained, suggesting that planning would also be a zoning issue. The town would eventually need to formulate a plan for regulating the dispensary and its operations.

As the advice of a town planner seemed to be the best first step, Blackman agreed to look into the availability of any existing Amenia town planner and report on his findings at the next meeting.

Recognizing that the town's allocation of ARPA (American Rescue Plan Act) funding will not be used to purchase a property on Lake Amenia Road to be used for affordable housing, the town board voted unanimously to return the \$200,000 in available ARPA funds to the town, but to earmark the funding to be used for affordable housing.

LYNCH *Continued from Page A1*

Lynch spent the next 10 years at Cobble Farm in South Kent, Connecticut, before moving back to the Philadelphia area to become the senior member of the horticultural team at Chanticleer Garden in 2014.

With expertise spanning various facets of horticulture, including ornamental and native plants, arboriculture, greenhouse management and organic farming, Lynch brings a wealth of knowledge and experience to his new role at Wethersfield. He is also an accredited organic land care specialist and an advisor to the New York Botanical Garden's School of Horticulture.

Wethersfield Estate & Garden is listed on the National Register of Historic Places. The founder of Wethersfield, Chauncey Stillman, wrote a letter to his family outlining the vision for the estate and gardens. He wrote, "My first desire for Wethersfield is that the whole place remain an un-built-over sanctuary or refuge



PHOTO BY HILLARY HENDERSON

Jeffery Lynch at Wethersfield.

for the animals and birds indigenous to the region."

The Wethersfield Foundation has been carrying out his intentions to promote responsible land stewardship, habitat protection, sustainable farming and innovative horticulture, and to share the beauty of the property and classical gardens with the local community.

A 2023 Cultural Landscape Report on Wethersfield, conducted by Heritage Landscapes — with the generous support of The Garden Conservancy — stated that no other landscape in Dutchess County more de-

fines the look and feel of this beautiful agrarian community than Wethersfield, whose historic and cultural significance is crucial for future generations.

"Chauncey Stillman was way ahead of his time," said Lynch. "How he treated the land — he put it in a conservation easement ages ago just because he saw land being developed. He was doing that a lot earlier than most people. His conservation ethos is for present-day people, current, but he was way ahead of his time."

As Lynch prepares to assume his role at Wethersfield, he acknowledges the challenges ahead, particularly in mitigating the impact of climate change and invasive spe-

cies on the estate's ecosystem. "They're having problems with certain tree species either because of climate change or invasive insects," Lynch said.

Despite the challenges, Lynch is optimistic about the future of Wethersfield Estate & Garden and is eager to contribute his expertise toward its preservation and enhancement. "I always intended to retire in the area," Lynch said. "I saw this opportunity, but then, you know, the cherry on top is getting me back to the area a little earlier."

When asked what he's looking forward to upon his return, Lynch said: "Just the natural beauty of the area. I'm a big hiker and biker. That's really what I enjoy in the area. And also, the people. I think there's a really good group of like-minded people that seem to be up in the Northwest Corner, Hudson Valley, Berkshires."

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The CT Mirror has an excellent lead article about the issues regarding the fact that CT has roughly 4,800 dams across the state. They all vary in size and many were built in the 1800's for agriculture or industrial use, for example textile manufacturing. With climate change, many are under stress from the increased water flow due to the recent historic rains, so many are at risk in breaching. The article gives both the history of the dams and explores their complex issues which involves environmental, energy and hazardous waste concerns, so it is well worth the read to become educated on this topic. The link can be found at: ctmirror.org/2024/03/10/ct-dam-flooding-fitchville-pond

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BOOKS: ALEXANDER WILBURN

Bunny Williams's 'Life in the Garden'

In 1979, interior decorator Bunny Williams and her husband, antiques dealer John Rosselli, had a fateful meeting with a poorly cared for — in Williams's words, "unspoiled" — 18th-century white clapboard home.

"I am not sure if I believe in destiny, but I do know that after years of looking for a house, my palms began to perspire when I turned onto a tree-lined driveway in a small New England village," Williams wrote in her 2005 book, "An Affair with a House." The Federal manor high on a hill, along with several later additions that included a converted carriage shed and an 1840-built barn, were constructed on what had been the homestead property of Falls Village's Brewster family, descendants of Mayflower passenger William Brewster, an English Separatist and Protestant leader in Plymouth Colony.

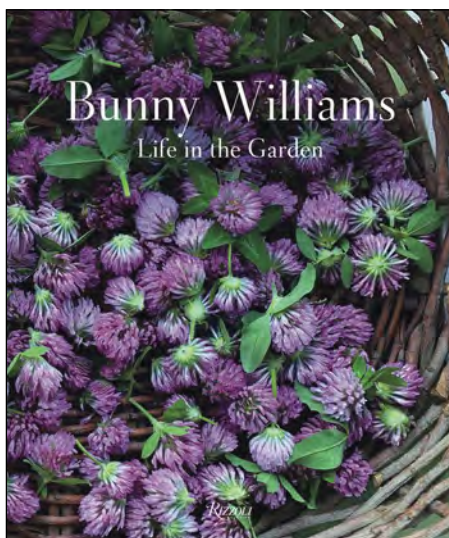
Williams has written

extensively about the renovation of the Falls Village home where she and Rosselli still reside, but in a new book published Tuesday, March 5, from Rizzoli, Williams takes readers to the great, green outdoors. "Life in the Garden," featuring principal photography by Annie Schlechter and additional photography by James Gillispie, combines matte and glossy paper, color and black and white imagery, as well as essays, seasonal maintenance steps and plant guides to chaperone readers through spring, summer, fall and winter on the Falls Village land. It's an intimate tour of the gardening efforts that dwell beyond the white border fence on Point of Rocks Road.

"Life in the Garden," however, is a slightly deceptive misnomer, for there is not one but many unique gardens to discover on Williams's property, each with their own character.

For the lovers of planting composition as a form of botanical embroidery, outside of the conservatory is the parterre garden, a formal garden that takes its name from the French for "on the ground." This style came into English fashion in the 17th century after Claude Mollet, "premier jardiner" for the kings, first introduced the design for French royal gardens at Saint-Germain-en-Laye and Fontainebleau. In Williams's parterre, a pergola covered by the growth of a vigorous William Baffin climbing rose that produces deep strawberry pink semi-double cluster blooms overlooks a rippling sea of blush and berry petals belonging to tall, late-blooming tulips framed in neat patterned squares of boxwood hedges.

Offering appeal for the more rustic and adventurous, hidden beyond



the trees is a secret garden found by following a dirt path trail where woodland peonies and Japanese wood poppies will lead you to a cast iron bench overlooking a small pond graced by the extending white flowering branches of dogwood trees.

There are many more spots to discover, each a little world of its own, whether it's the clucks emanating from the lively chicken coup, the twisting branches of the apple trees, the columns of arborvitae, the Guy Wolff handcrafted clay pottery or the greenhouse where Williams inhales "the delicious scents of jasmine and citrus."

For the book, Williams and Rizzoli publisher Charles Miers have thrown out strict organi-

Continued on next page



PHOTO BY JENNIFER ALMQUIST

Garet&Co dancers

DANCE: JENNIFER ALMQUIST

The Creators:

Sitting down with Gareth Wierdsma

On Saturday, March 9, the people of Norfolk, Connecticut, enjoyed a dance performance by northern Connecticut-based Gareth&Co, in Battell Chapel, titled INTERIOR, consisting of four pieces: "Forgive Her, Hera," "Something We Share," "bodieshatewomen," and "I kinda wish the apocalypse would just happen already."

At the sold-out show in the round, the dancers, whose strength, grace and athleticism filled the hall with startling passion, wove their movements within the intimate space to the rhythms of contemporary music. Wierdsma choreographed each piece and curated the music. The track she created for "Something We Share" eerily contained vintage soundtracks from life guidance recordings for the perfect woman of the '50s. The effect, with three dancers in satin slips posing before imaginary mirrors, was feminist in its message and left the viewer full of vicarious angst.

Following their performance, Wierdsma and her dancers sat on the dance floor and answered many questions from audience members, regarding subjects such as how long they have been dancing. The six young women have each been dancing for more than 18 years, a lifetime of sweat and discipline, perfecting their craft.

Website: garetwierdsma.com

INTERVIEW: Jennifer Almquist: What first inspired you to become a dancer?

Garet Wierdsma: I was put into dance when I was 2 years old, in a baby ballet class. My mom was a dancer, my aunt was a dancer. I had the option of choosing between many sports, yet I gravitated to dance because it was quieter. I was very quiet as a child. Dancing gave me a place where I could just be and express myself quietly.

I wasn't aggressive when I was a kid, but I have become more competitive as I've gotten older. I was also lucky enough to have cousins around my age that also danced. Whenever we got together, we made up shows and forced our families to sit and watch us. Those shows were fun, and creating our own thing, then presenting it, planted the seed that made me want to continue and be a choreographer when I got older.

JA: Was there a teacher who inspired you?

GW: I had teachers that I loved. Being a dancer can be difficult. I remember that when I was 7, I was disappointed by not being asked to be in a certain group. When I was 11, in response to losing a part I felt I deserved, I went on a journey to prove them wrong. I switched to a different studio and really connected with my new teacher. I owe a lot of my passion for dance to her. She recognized my quiet personality, my determi-

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COMPASS

...Garet&Co

Continued from previous page

nation. She recognized that I wanted to be as good as I possibly could, even if I wasn't loud about it.

Her name was Brenda Barna of The Dancing Slipper in Southwick, Massachusetts. Her passion for dance and her passion for movement resonated with me and lit a fire for what I was doing. It wasn't all about the tricks or skills. She was a person that loved to move and loves music.

JA: Did she help you develop your body physically in a healthy way, build your muscle, your ability to handle what dancers must endure?

GW: So much goes into that training. For me to get to the level I achieved I had to train at that studio as well as at my high school and a ballet school elsewhere. I was also doing intensives all summer long and master classes any weekend that I could. Plus, I was training myself at home by clearing out our living room.

We didn't have a living room for probably seven years because it was my dance studio. With dance you are also training your brain. You must sit and think about things or discuss things. As a teacher now, I stop class and try to help my students understand the concept, which takes a lot longer. It's a huge time commitment. It means you must be taking even more time to be able to build up the strength to do it.

JA: Physical strength is essential. How do you sustain that?

GW: Dance is very physical. I think it's just about that base training, like making sure that you have all the training to back up what you're doing. I personally don't take class as much as I used to. I'm not in class every day, but because I was in class every day for six hours a day for more than over 10 years, I have the foundation now to be like, 'OK, I remember those muscles and I can do it.'

JA: Does that help you know how much you can ask of your dancers?

GW: Exactly! It is important because your



PHOTO BY JENNIFER ALMQUIST
Garet Wierdsma

dancers look to you for that — how do you know your own body, too. Dancers are really in tune with knowing their limitations or where they can push.

JA: Tell us about creating your dance company, Garet&Co. Are social media, the use of AI [artificial intelligence], and photography or film tools for your business now?

GW: I started my company based on a film. During the downtime of COVID I realized I really love choreography. I'm grateful they had a lot of choreographic opportunities at NYU. I was supposed to create a solo for a show at school, then suddenly we're all shut down. I decided to make it a film instead and had a fun experience doing that. I submitted the film to a festival; it was accepted.

When I graduated from NYU in 2021, I had been teaching whenever I was back home. I grabbed three of the students I had taught at one of my workshops during the winter — 'Hey, do you want to make a dance film with me in my backyard?' We made the film, which I submitted to a few festivals, where we won a couple of awards. Then I accompanied my film to live dance festivals with the intention of saying, 'Here's my film but I want to make it a live piece.' That is how the company started. At festivals I kept being asked what company I was with, and I answered Garet Wierdsma. I finally said that is our name: Garet&Co.

JA: How do you find your original dancers?

GW: I found my dancers a couple of different ways. I asked some of my students to join me. Then the stars lined up when a colleague took a gap year while I wanted to do festivals. She was the first adult professional that joined my company. I put notices for dancers on Facebook and Instagram — 'Hey I'm looking for dancers. Email me your dance reel and your resume.' I got some great dancers from that, two of whom are performing in this show tonight. Garet&Co is in our third season, and I held my first audition this year.

JA: What is next for Garet&Co?

GW: We will be continuing to share the joy and catharsis of contemporary dance through offering lots of classes and performances throughout the Northeast this spring and summer, culminating with our Season Four audition in August.

Our upcoming events: March 24: "Something We Share" at Spark Theatre Festival in New York City

April 7: Garet&Co Contemporary Community Workshop

April 11: Garet&Co Open Company Classes (classes open to all)

April 28: "bodiesthatewomen" at Central Connecticut State University

May 4: "bodiesthatewomen" at Artistic Dance Festival in East Longmeadow, Massachusetts

Read the full interview on www.lakevillejournal.com

JOURNALISM: JUDITH O'HARA BALFE

Kevin McEneaney, voice of The Millbrook Independent

On meeting Kevin McEneaney, one is almost immediately aware of three things; he's reserved, he's highly intelligent and he has a good sense of humor.

McEneaney is the wit and wisdom behind The Millbrook Independent, a blog that evolved from the print version of that publication. It's a wealth of information about music venues in this part of Dutchess County interspersed with poetry, art reviews, articles on holidays and other items, and a smattering of science.

Having acquired degrees from the University of Dayton in Ohio in 1970, Middlebury College in Vermont in 1975, and a master's in philosophy

from Columbia University in New York City in 1977, McEneaney was an adjunct college instructor from 1989 until he stopped teaching to write a book in 2009. He taught freshman composition, Introduction to Literature and Russian literature — he and his wife, Veronica, had adopted three children from Russia — at several schools including Marist College, University of Hartford, Quinnipiac University, and SUNY Purchase in White Plains.

Born in Hicksville, New York, McEneaney lived in Ohio, Vermont and Manhattan before finding his way to Dutchess County.

He's been a literary consultant and writer



PHOTO BY JUDITH O'HARA BALFE

Kevin McEneaney

for Encyclopedia Americana; the executive director of the American Irish Historical Society in Manhattan; the owner of a successful bookstore on West 55th Street, just off Fifth Avenue. Facsimile Bookshop specialized in Irish literature and history, as well as music recording, carrying

Continued on next page

...garden

Continued from previous page



PHOTO COURTESY OF RIZZOLI

organization — Claude Mollet be damned — in favor of surprising juxtapositions that place candid family portraits next to quiet snapshots of life on the New England land: a lone limestone chicken sculpture blanketed in snow; a table springing to life with floral arrangements set for guests; a congregation of old watering cans. Per Williams, this anti-organization of photos is for readers to get lost in as they discover contem-

plation, inspiration and a new visual experience each time the book is opened with fresh eyes.

Whether Bunny Williams's many Falls Village gardens are set in stone or will continue to evolve, destined to be updated in a future volume, is not for us to know. But if there's any hint, Williams has included a quote from the late Gertrude Jekyll, the famed British horticulturist and garden designer closely tied

to the Arts and Crafts decorative movement of the late 19th century. Perhaps best known for her designs for Munstead Wood, a Grade I house in Surrey, Jekyll, an author herself and Country Life columnist, wrote: "In garden arrangement, as in all other kinds of decorative work, one has not only to acquire a knowledge of what to do but also to gain some wisdom in perceiving what it is well to let alone."

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GARDENING: ROBIN RORABACK

Dealing with invasive species

According to Sam Schultz, terrestrial invasive species coordinator with the state Department of Environmental Conservation's Partnership for Regional Invasive Species Management (PRISM), one of the best ways to battle invasive species is with a hand tool called the hand grubber.

In her work in managing invasive species, she refers to it as a "best friend." Schultz and Colleen Lutz, assistant biologist with the New York Natural Heritage Program, delivered a lecture on invasive species at the Copake Grange Saturday, March 2.

Lutz began the presentation with this definition: "Invasive species are non-native plants, animals and pathogens that cause harm to the environment, the economy or human health."

She and Schultz discussed a few invasive plants and insects. Japanese barberry, Oriental Bittersweet, multiflora rose, tree of heaven, and autumn olive are all invasives present in New York state. They were introduced to the United States in the mid to late 1800s to use as a harder substitute for native plants, as ornamental plants or, in the case of the multiflora rose,

to use as root stock for ornamental roses and for stabilization of soil.

Invasive plants tend to "grow anywhere" and quickly, and "out-compete" native plants. Unfortunately, Lutz said, most of the invasive species like the "warmer, earlier spring weather" that climate change is causing and that they have "increased growth due to increased CO2."

Schultz contributed that Oriental bittersweet is known as "forest killer" because its vines climb trees, and the weight pulls the tree down.

Lutz moved on to invasive insects and talked about the hemlock woolly adelgid, spotted lanternfly, jumping worm and emerald ash borer.

The hemlock woolly adelgid is "like an aphid," said Lutz. "It sucks into the needle of hemlock trees and sucks the nutrients out and makes the hemlock weaker and more susceptible to disease."

Spotted lanternflies were first seen in Pennsylvania in 2014. They are known for eating crops, particularly grapes, and "love the tree of heaven," another invader.

Lutz moved on to the jumping worm. They "excrete coffee ground-look-

ing" castings and "jump around and act crazy." Jumping worms deplete soil of nutrients, which kills plants. They can be identified by a milky white band and their erratic behavior.

They are spread through compost and plants from nurseries. Lutz and Schultz suggest checking compost brought to a property for these worms before spreading it and also heating it by putting black plastic over it and letting it reach a temperature of 104. This would kill the eggs, which are too small to be seen.

She also said to check and rinse all plants brought in down to the roots and to throw away the dirt: "Wash boots off with a hose so that eggs clinging to them are not spread to other properties."

Of the spongy moth, Lutz said, "They will go after 300 species of trees, but have 150 primary host species that they prefer to eat," oaks being the most favored.

Lutz explained how the Heritage Program classifies invasive species with a tier system, with Tier One aimed at prevention of invasives, Tier Two aims at eradication. At Tier Three, the aim is to contain the

invasive and at Tier Four, it is here to stay, and the focus turns to long-term management.

This system allows program biologists to "decide which species are here and not here and how impactful it is." They then share their information with the PRISM so that a plan can be made to manage invasive species.

Oriental bittersweet, Japanese barberry, tree of heaven, multiflora rose, and autumn olive are all Tier Four. Also in Tier Four are the emerald ash borer, hemlock woolly adelgid, spongy moth and jumping worm.

Schultz began her part of the presentation by describing methods to combat the invaders. She explained Integrated Pest Management (IPM), which uses an "adaptive ecosystem-based approach exploring multiple control options targeting invasive species."

The methods used, she explained, come "from a range of manual, mechanical, cultural and biological control methods with the goal to maximize effective control and minimize negative environmental, economic and social impacts."

She listed mechanical methods as "hand-pull-



PHOTO BY L. TOMAINO

Sam Schultz, terrestrial invasive species coordinator with PRISM, is holding a tool she calls a "best friend" in the battle against invasives: the hand grubber. She was one of the presenters at the Copake Grange for a talk about invasive species Saturday, March 2.

ing, grubbing, girdling, grazing, hoeing, mowing and/or excavating."

At this point, she introduced, with a flourish, a hand tool which she called a "best friend": the hand grubber. She extolled its virtue of getting roots out.

Cultural controls "are practices that reduce pest establishment, reproduction, dispersal and survival, and limit exposed soil with restoration." This is as simple as tamping soil down so seeds can't easily grow and monitoring for regrowth. She recommended planting native species in places where invasive species have

been removed so that any seeds left can't take hold.

Biological controls involve realizing and encouraging natural "predators, parasites, pathogens and competitors to feed on or disrupt an invasive species." Schultz assured the audience that these "predator species were researched for 10 or more years so they know they won't hurt the environment."

She gave the example of the release of the silver fly, which feeds on the woolly adelgid. The silver fly, however, has had problems thriving in

Continued on next page

...McEneaney

Continued from previous page

books and recordings imported from Ireland and England. When the landlord wouldn't renew his lease he tried another location, then, in 1987, decided to close.

The next year, his wife got a job in Danbury, and the family left the Upper West Side for Union Vale. They rented a small cottage at the Marion Epley Estate on Route 9, recommended by his friend, novelist Thomas Gallagher.

McEneaney began his career at The Millbrook Independent as a truck driver, delivering newspapers, in 2011, just two years after the paper was first established. (The town's local paper, The Millbrook Round Table, had folded in 200.)

"2011 was the year after my critical book on Tom Wolfe was published, and I had just completed my book on novelist Russell Banks and was beginning my book on Hunter S. Thompson," he said.

McEneaney is the author of three books: "Hunter S. Thompson: Fear, Loathing, and the Birth of Gonzo"; "Russell Banks: In Search of Freedom"; and "Tom Wolfe's America: Heroes, Pranksters, and Fools."

He is also a poet and has published two collections: "The Enclosed Garden" and "Longing." Both were published in French and Japanese as well as English. Unsurprisingly, he also answers to Poet Laureate of Smithfield. His poetry is often found in The Millbrook Independent.

"I was interested in The Millbrook Independent because it was the only venue in the area that offered arts critique as well as local news."

McEneaney began writing for the Independent when the former owner, Stephen Kaye, asked McEneaney to cover a musical event at Bard College one evening in his stead, in September 2012. He has been writing for the paper ever since.

When circulation for the paper dwindled, Kaye went online; that led to even fewer print sales, and it seemed to be judicious to go completely digital; that happened in 2018.

When Kaye retired, McEneaney took on the blog.

"The new online format, which is the one in existence now, began in spring of 2020," said McEneaney. "Stephen

Kaye had financed the online site and then gave it to me, so I was then sole publisher and editor," said McEneaney. It remains free.

This is technically McEneaney's "retirement job" — he's 76 — but one that he loves and intends to keep on doing for as long as he can. He attends an event and writes it up almost immediately, sometimes posting articles at 1 or 2 a.m. It costs little to keep the blog running, he said, though he dislikes night driving. He can do it all from home, with no inconvenience to his wife or his cat, and he has no editors to answer to.

People love his articles because they contain bits of history, and usually a touch of humor, tongue-in-cheek or otherwise. His recent article in honor of Valentine's Day started with Claudius II, touched on the beheading of Valentine the physician and Roman Catholic priest who later became St. Valentine, and also mentioned Hamlet, the Duke of Orleans, and finally Catherine Howard, who is responsible for the hearts-and-flowers Valentine's Day cards we still see today.

"Over the past 20 years, there has been much growth in the arts and there are many more concerts and art exhibitions throughout the county," said McEneaney. "Dutchess County now has three thriving bookstores. Mid-Hudson Arts now plays a vital role in the county. WMHT radio from Kingston was not available when I first

moved to Union Vale."

McEneaney writes two or three articles a week usually, maybe 100 per year, but there is not a set schedule. He has other writers who submit works from time to time — such as Jim Flaherty, Tim McGonigle and Bill Schlesinger — on topics including science, social topics, literature and the arts.

McEneaney admits that what he does is a labor of love. Interviewing people such as local artist Susan Hennelly or reviewing writer Neil Gaiman; reviewing performances and then talking about them; and writing and discussing the many concerts he attends: It's all good, said McEneaney, and he isn't about to give it up.



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TRI-CORNER CALENDAR

Items are printed as space permits. All entries can be found at millertonnews.com/events-calendar. To submit calendar items, email editor@lakevillejournal.com

MARCH 15

Lasagna Dinner

Falls Village Emergency Center, 188 Route 7 South, Falls Village, Conn.

A lasagna dinner from 5:30 to 7:30 p.m. on March 15 will benefit the Lee H. Kellogg School's eighth grade trip to Washington, D.C. The menu can be eaten in or taken out, and will include meat or vegetarian lasagna with salad, bread and dessert. The cost is \$15 for adults, \$10 for children ages 5-10, and free for children under age 4.

Poetry Workshop with Sally Van Doren

Scoville Memorial Library, 38 Main St., Salisbury, Conn. scovillelibrary.org

From 2 to 4 p.m., join Sally Van Doren for this intensive, immersive workshop designed to give writers the time they need to generate new work and hone in on whatever it is that begs to be brought to the page. Sally Van Doren is the author of four books of poetry and a winner of the Walt Whitman prize. Registration is required; visit www.scovillelibrary.org

Sourdough Bread Contest

Dewey Memorial Hall, 91 Main St., Sheffield, Mass.

Dewey Hall will hold a sourdough bread-baking competition from 5:30 to 7:30 p.m. Bakers will enter two full-size loaves of bread, one for tasting/judging and one to be raffled off. Attendees will be invited to sample the loaves along with complementary cheese boards from Rubiner's Cheesemongers and beverages provided by DARE Bottleshop. Spectators may purchase tickets for \$30 each at secure.givelively.org/event/dewey-memorial-hall-inc/sourdough-bread-contest-2024. The event is free for children under 12.

MARCH 16

Fairy Tale Dinner

Charlotte's Restaurant, 4258 US-44, Millbrook, N.Y.

Join a magical Fairy Tale Dinner from 6 to 11 p.m. Immerse yourself in enchanting Irish Tales Wild and True from a Seanachie, Jonathan Kruk. Uncover the mysteries and real magic of the "Maewyn Succat" before he became St. Patrick. Listen to the tales of bold Finn McCoul, a Celtic goddess, and explore the Hudson Valley leprechaun legend. Call for reservations: 845-677-5888

Film Screening and Book Discussion

The Triplex Cinema, 70 Railroad St., Great Barrington, Mass. thetriplex.org

At 3 p.m., author and cultural critic Philip Gelter will join the Triplex for a screening of "Who's Afraid of Virginia Woolf?", Mike Nichol's award-winning film based on Edward Albee's play. Gelter will discuss his new book "Cocktails with George and Martha," recently published by Bloomsbury Press, followed by a book-signing. Tickets are \$25 and available at the Triplex website, www.thetriples.org

Good Morning Good Neighbors

Cornwall Library, 30 Pine St., Cornwall, Conn. cornwalllibrary.org

From 10 a.m. to noon, visit the library for coffee and a pastry and stay to personally thank many of the town's elected officials who are no longer in elected office.

Charissa Hoffman

Copake Grange, 628 Empire Road, Copake, N.Y.

Nashville native ukulele player and songwriter Charissa Hoffman returns to the Grange from 7 to 8:30 p.m. with her intricate jazz arrangements and heart-wrenching alt-folk originals. Tickets are \$10 at the door. Learn more at charissahoffman.com or call 617-894-3538

Modernism and Tradition – The Foundation of Modern Art in America

Haystack Book Talk The Norfolk Library, 9 Greenwoods Road East, Norfolk, Conn. norfolklibrary.org

Join Norfolk's Robert Dance in conversation with Hugh Eakin, author of "Picasso's War: How Modern Art Came to America" at 4:30 p.m. In his book, Eakin tells the story of how a single exhibition—a decade in the making—forever changed American taste, and in doing so, saved dozens of the 20th century's most enduring artworks from the Nazis. Eakin describes how two men—first John Quinn, then Alfred Barr Jr.—changed the art world forever. Eakin will sign copies after the event.

Audubon Bake Sale

Sharon Audubon Center, 325 Cornwall Bridge Road, Sharon, Conn.

Sharon Audubon Center will hold its annual MapleFest and Maple Bake Sale between 11 a.m. and 4 p.m. Ongoing guided 45-minute to 1-hour tours will lead visitors through the Center's sugaring operation, including a working sugarhouse and a re-creation of Native American and early Colonial sugaring methods. Participants can watch as pure sugar maple sap is collected from the trees and turned into delicious maple syrup. Admission for the event is \$10 for adults and \$5 for children (free for ages 2 and under). Wear warm clothes and boots.

Art Exhibition

David M. Hunt Library, 63 Main St., Falls Village, Conn. huntlibrary.org

From March 16 through May 3, the David M. Hunt Library will host an exhibition of early 20th-century photography

from the Falls Village-Canaan Historical Society. "From the Great Falls to the Hilltops" allows a vivid peek into the past of Falls Village's people and places. There will be a reception with refreshments on Saturday, March 16, from 4 to 6 p.m. It will be preceded by a talk at 3 p.m. on the progress of photographic technology by Daniel Karp, a professor of photography at Bard College at Simon's Rock.

MARCH 17

Here Come the Pollinators!

Colebrook Town Hall, 562 Colebrook Road, Colebrook, Conn. (or by Zoom)

At 4:30 p.m., John Markelon, president of the Litchfield Land Trust, will describe simple, yet effective, ways to create backyard pollinator habitats that are bound to increase the quality and yields of all you grow. The event is sponsored by the Colebrook Land Conservancy. Admission is free and refreshments will be served. For the Zoom link, visit www.colebrooklandconservancy.org

Celtic Baroque Band Makaris

Mahaiwe Performing Arts Center, 14 Castle St., Great Barrington, Mass. mahaiwe.org

Close Encounters With Music presents "Celtic Baroque Band Makaris — A Bach Family Concert with an Irish Twist," in which violin, guitar, harp and harpsichord meet bagpipes and Irish whistle in a cross-genre St. Patrick's Day celebration. Tickets are \$25-\$52 and are available online at mahaiwe.org

Jammin' at the Grange

Copake Grange, 628 Empire Road, Copake, N.Y.

Everyone is welcome to join in a free afternoon of creative music-making. Bring an instrument, a song and your voice and join others in a music jam. For more info, contact Lenny Barham at lennybarham@gmail.com

MARCH 20

Author Peter Vermilyea: Litchfield County and The Civil War

Scoville Memorial Library, 38 Main St., Salisbury, Conn. scovillelibrary.org

From 5 to 6:30 p.m., join author and Housatonic Valley Regional High School history teacher Peter Vermilyea for a presentation of his illuminating new book, "Litchfield County and the Civil War."

Visit www.scovillelibrary.org to register for this event.

ART: LYNN MELLIS WORTHINGTON

Arts Day for young creatives

Fourth graders from all of the schools in Region One gathered Wednesday, March 6, at the independent Kent School to expand their artistic horizons.

It was the 28th year that Region One has held Fourth Grade Arts Day, and this year's event was coordinated by Kent Center School music teacher David Poirier. He quickly pointed out, however, that it was a team effort involving all of the art and music teachers in the region. He also saluted Geoff Stewart of Kent School, chair of the performing arts department and director of the theater.

The school donated the facility and provided lunch, and many faculty and staff donated their time to assist. It was the second year that Kent had hosted the event. Previously it was held at The Hotchkiss School.

"We want to inspire students to take more interest in the arts in general and just see how many different possibilities there are," Poirier said. The elementary



PHOTO BY LYNN MELLIS WORTHINGTON

Fourth graders at Arts Day

schools have strong visual arts programs and music programs but the Arts Day expands their view of arts.

"Here we're really opening the door to lots of different things and maybe redefining what the arts means in general for them."

This year's workshops included 10 different offerings that ranged from shadow puppets to Broadway-style dancing to "My Shot" from Hamilton. Artists were compensated for their time through the Region 1 Arts Fund.

The workshops were: needle felting with Jen Markow; shadow puppets with Susan Aziz; spud stamps with Blake Myers; cardboard sculpture with Henry Klimowicz; Ukrainian eggs with Lisa Marsan; Intro to Hip Hop

with Starr Jeffries; a day of Broadway with Amber Cameron; drum circle with Kate Main; ribbon dance with Dance China; and creative movement for the stage with Heather Holohan-Guarnieri.

After a welcome from Superintendent Lisa Carter, there was a showcase performance from Dance China. With colorful costumes, the dancers demonstrated four different dances, including the Lion Dance, which involved the four-legged costumed creature venturing into the audience to the delight of the youngsters.

A second showcase performance was by Kent-based musician John Galusha, who performed beatboxing.

Story courtesy of Kent Good Times Dispatch.

...invasives

Continued from previous page

the cold winters in New York.

Chemical control, Schultz said, is a last resort and must be used carefully while following label instructions. She suggested using a small paintbrush to apply the herbicide to the cut stem or stump of invaders. The herbicide is absorbed by the plant and kills it.

Schultz said control plans are prioritized. It is best, she said, to "start with low-density satellite populations" and then go "into the core of the infestation." She said this prevents the satellite infestations from spreading seeds and becoming more populous.

She said it is important to implement any of the strategies that are "most effective before seed" and it is important to "attack the root ball and deal with the seed bank" when using the digging-and-pulling strategy.

The mowing, cutting and grazing methods will weaken the root systems and cause them to die out. They must be done repeatedly and must be done before the plants

go to seed.

Another method is to cover the plant with a "contractor's black trash bag," which will kill it and its roots. "Make sure none creeps out," she said.

Invasive trees can be girdled all the way around, exposing the inside to disease and pests, which will eventually weaken and kill them. They can also be drilled or cut, and herbicide placed inside to kill them or painted on the girdled bare space.

For the hemlock woolly adelgid and the ash borer, a tree can get a basal bark application. The bark at the base of the tree is sprayed all around the base and the spray is then taken up by the tree and goes up into it and keeps the insects away for a year or two. With spongy moths, Schultz suggested using burlap to wrap around trees, particularly the oaks that they favor, to discourage the larvae

from climbing into trees and eating foliage.

She said to dispose of invasive plants after pulling or cutting by "solarizing" them, which means to bag them and put them in the sun for two weeks. For woody plants, she recommends mulching, chipping or burning if allowed. She said that "non-fruit-bearing trees can be propped against or suspended" with "their roots exposed to decompose or arranged into brush piles for wildlife habitat." If chemicals are used, plants should not be touched for two weeks.

Schultz and Lutz concluded by saying people could help with invasive species by joining the iMapInvasives network at www.imapinvasives.org to report any that they find, and go online to New York Natural Heritage Program at nynhp.org or Capital Region PRISM at capitalregionprism.org for more information.

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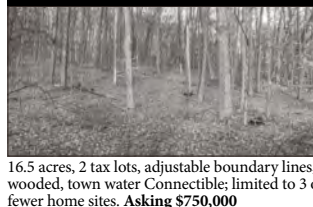
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